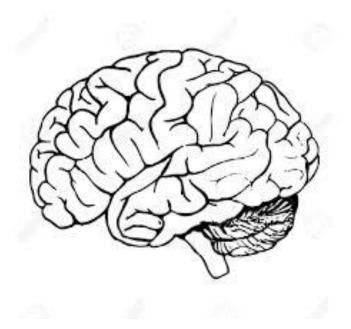
# Intake for ABE Students who have had a Stroke or Traumatic Brain Injury





# Using this Guide

Thank you for contacting PANDA- Minnesota ABE Disability Specialists. This guide is intended to help your organization plan for enrolling students with special needs related to stroke or brain injury. Begin this process before the student meets with you so you are prepared and confident. If you have already identified a student with a brain injury in your program this document can help guide you in creating a plan to accommodate the student's needs. The first section of the guide is to inform your program about services available. The second section is a questionnaire for you to use with the student to gain more information about their needs and how to best accommodate them in class.

# **Resources for Students with Brain Injury**

- 1. Classes for Stroke and Brain Injury Survivors, Robbinsdale Adult Academic Program, Crystal Learning Center, Crystal, MN. This program is the primary site to refer students in the metro area. It serves individuals who have had a stroke or brain injury and who want to re-learn academic skills, improve confidence to gain lost abilities and connect with others that have similar challenges. The program provides academic instruction in reading, writing and math and the teacher is a Certified Brain Injury Specialist. To learn more about these classes, contact the Robbinsdale Adult Academic Program at: 763-504-8100. <a href="http://tinyurl.com/stroke-braininjury">http://tinyurl.com/stroke-braininjury</a>
- 2. PANDA's Disability website has a chapter about brain injury, which includes general information, classroom strategies, instructional strategies, resources and much more. Please read the chapter to become better informed about brain injury and student needs at <a href="http://mn.abedisabilities.org/abe-disability-manual/brain-injury/overview">http://mn.abedisabilities.org/abe-disability-manual/brain-injury/overview</a> Contact PANDA to make them aware that you have a student with brain injury. Email: <a href="mailto:panda@rdale.org">panda@rdale.org</a> ~ Phone: 763-504-4095. PANDA can inform you about the possibility of receiving low incidence disability aid through the Minnesota Department of Education Adult Basic Education. Upon approval your program could receive an elevated per pupil rate for the student. Contact PANDA staff with any questions and adaptive equipment needs.
- **3. The Minnesota Brain Injury Alliance** provides support to Minnesotans affected by brain injury. There is a free resource facilitation which is a statewide telephone service that provides those affected by brain injury support in transitioning back to work, school and the community. Interpreter services are available for non-English speakers. They also have case management for individuals who have had a traumatic brain injury. 1-800-669-6442. www.braininjurymn.org
- **4. Minnesota Department of Human Resources** Department of Human Services helps people meet their basic needs by providing or administering health care coverage, economic assistance, and a variety of services for children, people with disabilities and older Minnesotans. In the search field, type 'Brain Injury'. www.dhs.state.mn.us

# **Different Types of Brain Injury**

#### **Traumatic Brain Injuries**

Traumatic brain injuries occur when an individual receives a traumatic force or hit to the head. Causes can be due to war injuries, car accidents, domestic abuse, sports injuries, or gunshot wounds to mention a few.

## **Non-Traumatic Brain Injuries**

Non-traumatic brain injury occurs when the normal, electro-chemical action of brain cells is blocked or altered, such as stroke. Other causes can include over-exposure to toxic substances, tumors, disease, or loss of oxygen.

### **Common Difficulties Following Brain Injury:**

- Memory
- Organization
- Attention and Concentration
- Fatigue
- Sensorimotor sensitivity to light, sound, touch, mobility, coordination, and endurance
- Social and Emotional- hyperactivity, depression, angry outbursts or impulsivity
- Speech and Language expressive or receptive language, stammering or slurring
- Executive Functioning reasoning, insight, problem solving, planning or carrying out sequential activities

From Teaching Adult Students with Brain Injuries by Lori Leininger and PANDA

For more information about classroom environment and teaching strategies, please view the PANDA website: <a href="http://mn.abedisabilities.org/abe-disability-manual/brain-injury/overview">http://mn.abedisabilities.org/abe-disability-manual/brain-injury/overview</a>

#### **IMPORTANT**

All time spent with students with brain injury should be documented in student time/attendance, including: phone conversations, interviews, coordination of educational plan, assessments, counseling, meetings, etc. Determine a staff member that will be responsible for the entire enrollment process.

#### Overview

When meeting with a prospective student who has experienced a stroke or an acquired brain injury, allow extra time for the intake process and try to meet in a quiet or private location.

Discuss the nature of the injury, health issues that may impact teaching or learning, family or other support systems, transportation arrangements, educational goals, learning styles and challenges, and program expectations (see intake for specific questions).

You can answer questions and administer standardized tests. It is often helpful for the prospective student to bring along a family member or another support person to the intake meeting.

#### **Entry Guidelines**

The following guidelines can help ensure a good fit between the ABE program and the prospective student.

- 1. The student has an acquired brain injury.
- 2. The student acquired the injury as an adult, not as a child.
- 3. The student was able to read before the injury.
- 4. The student was not enrolled in special education classes as a K-12 student.
- 5. The student has a functional level that is high enough to allow the student to work independently and participate in class activities.
- 6. The student has a defined academic or vocational goal.
- 7. The student will gain an academic benefit by attending the class.

These guidelines help ensure that a prospective student who has experienced a stroke or an acquired brain injury had at least basic literacy skills before the injury and has a reasonable chance of recovering academic skills lost as a result of the injury.

#### **Program Expectations**

- 1. Communicate to the student that they should attend class for all the days that they are scheduled. Some students might need a reduced schedule or half days due to fatigue. Encourage the student to schedule doctor and other appointments on non-class days.
- 2. Discuss transportation arrangements. Will the student drive? Get a ride? Take Metro Mobility? Metro Mobility sometimes drops students off early and picks students up late. Develop a plan for how the student will be able to access the classroom or the building if they arrive before the teacher. Is there a receptionist or a member of the office staff who can let them in? Think about the best place for the student to wait for their Metro Mobility bus after class. Does the classroom have good visibility to the street, or is there

- a doorway or lobby with seating where the student can wait? If supervision is needed, is there a way to provide that?
- 3. Ensure that the student and their family members or support personnel understand that, although the program makes every effort to maintain a safe learning environment, students are not under direct supervision at all times.
- 4. The student must be respectful to the teacher, others in the building, and classmates. All school policies and procedures apply.

#### **Registration Materials**

In addition to the standard registration form, your ABE program can make use of a supplemental registration form that asks for health information that might impact teaching and learning (find the form on the last page).

On the first page of the supplemental registration form there are specific questions regarding the brain injury sustained by the student, as well as any other pertinent health information such as: mental health conditions, PTSD, substance abuse, vision and hearing difficulties, physical limitations, seizures, headaches, fatigue, learning disabilities, or any other condition that might also impact their learning.

Secondly, determine whether the student has a legal guardian, case worker, social worker, or independent living skills (ILS) specialist. If so, record the contact information. Ask the student to sign the consent form in order to give your program permission to communicate with the student's support network (a signed consent form is required by Health Insurance Portability and Accountability Act-HIPAA).

Student files that contain private health information should be accessible only by staff that need to know the information and should be kept in a locked filing cabinet.

#### **Testing**

TABE or CASAS tests can be used with students who have experienced a stroke or an acquired brain injury for placement and testing purposes. Testing accommodations are available. For more information about testing accommodations, please view the PANDA website: <a href="http://mn.abedisabilities.org/abe-disability-manual/accommodations/overview">http://mn.abedisabilities.org/abe-disability-manual/accommodations/overview</a>

## **Length of Enrollment**

The teacher will evaluate the student at regular intervals to ensure that they benefit from participation in the program. The decision to continue enrollment will be based on the following criteria:

- 1. Academic progress as measured by standardized assessments.
- 2. The student's attitude and effort toward making progress.
- 3. The teacher's determination of reasonable student progress.
- 4. The student's effort to follow program expectations.

The teacher and the program can make the final determination if a student may continue enrollment, but the Minnesota Adult Basic Education Student Progress Policy should be followed. Click here to access the policy:

http://mn.abedisabilities.org/Default.aspx?PageID=16488635&A=SearchResult&SearchID=316 21409&ObjectID=16488635&ObjectType=1

# **Student Intake Questionnaire**

Student Name:
Date:
Nature of the Injury
Tell me about your brain injury:
What kind of brain injury did you suffer? A motor vehicle crash, fall, assault, or stroke, other?
What was the date of your injury? How old were you?
What part of the brain was injured?
Were you in a coma?For how long?
0-1 hour indicates a mild brain injury;
1-24 hours indicate a moderate brain injury;
more than 24 hours indicates a severe brain injury.
What other physical injuries did you suffer?
What kind of medical care and rehabilitation did you receive?
How does your brain injury impact you in your daily life?
Prior History
Were you able to read prior to your injury?
Did you receive Special Education services in school?
If so, what services did you receive?
Did you graduate from high school or college?
What was your job before your injury?
Are you employed now?
Are you able to enjoy the same kinds of hobbies, interests, or sports activities that you used to?

# **Health Issues**

Do you have any of the following?
☐ Substance abuse
☐ Vision and hearing difficulties
☐ Physical limitations/ balance
☐ Headaches
□ Fatigue
What medications do you take?
Family or Other Support Systems
Do you live alone or with family?
Do you feel like you have people who support you?
Do you have any of the following:
☐ Legal guardian? Name and contact info:
☐ Case worker? Name and contact info:
☐ Social worker? Name and contact info:
☐ Independent living skills (ILS) specialist? Name and contact info:
If so, please sign the consent form that allows us to communicate with these professionals.
What other support services do you receive?
Transportation Arrangements and Mobility
How will you get to school? (drive, get a ride, Metro Mobility, other)
Are you able to attend school regularly?
Are there any issues that might affect your attendance, such as doctor appointments or unreliable transportation?
Do you need a reduced schedule due to fatigue?
What are the best times for you to attend classes?
Do you use a cane, walker, or wheelchair?
For safety reasons, we advise students to remain in the building during school hours. We also like to make clear that students in adult basic education programs are not supervised at all times.

#### **Educational Goals**

What are your educational or vocational goals?
What changes have you noticed since your injury? For example, memory loss, concentration problems, impulsiveness, fatigue (circle all that apply). Other:
What do you see as your challenges in education?
What are your strengths?
How do you learn best? For example, hands-on, movement.
Do you need extra time to complete tasks?
Do you need a quiet area to work in?
Do you have access to a computer?
What skills would you like to learn with technology?
Do you need any adaptive equipment, such as a large keyboard or adaptive mouse?
Can you function in a group setting and be respectful of the teacher and other students?

Please have student sign the Consent for Release of Information form on giving permission to PANDA staff, case worker, social worker, and/or doctor to exchange information regarding the accommodations to assist their learning (collect names and phone numbers).

# **CONFIDENTIAL Supplemental Registration Form**

Student Name				Date	
To learn more about you and	your learning ne	eds, please a	nswer the fol	lowing questio	ons:
Did you ever receive special ed	lucation services o	or given extra	help in school	?Yes	No
Did you have an:I	ndividual Educatio	on Plan (IEP)	5	504 Plan	
Please circle the category of spe Attention Deficit Hyperactivity Cognitive Disability (DCD, sor	Disorder (ADHD	), Specific Le	earning Disord	* * * * * * * * * * * * * * * * * * * *	•
Circle the type of support you r on tests and assignments, modi If other, please specify:	fied assignments,	after school h	elp, summer s	· · · · · · · · · · · · · · · · · · ·	xtended time
Have you ever been diagnose	d with any of the	following?			
Mental health condition? Circle all that apply: depressio (PTSD), substance abuse. If ot	n, anxiety, bipolar	=	ia, Post-Traur		
Attention Deficit Hyperactivi	ty Disorder (ADI	HD)	Yes	N	Ю
<b>Developmental Disability?</b> _Circle all that apply: Autism, Circle all that apply: Autism, Ci	Cerebral Palsy, Do	wns Syndron	ne, Fetal Alcol		
Visual difficulties?Y Circle all that apply: vision los degeneration. If other, please s	ss, blurry vision, w	ords move, w		he page, macul	ar
<b>Hearing difficulties?</b> Circle all that apply: hearing lo			)		
Any physical limitations? _Y Circle all that apply: mobility c If other, please explain:	hallenges, migrair			s illness.	
Specific Learning Disability is Circle all that apply: dyslexia (	· ·	_		esting).	No
What will help you with your le room, preferential seating, one					
Do you have documentation of Do you have a case worker or s Do you have a legal guardian?	•	Yes Ye Ye	es	No No No	

#### CONSENT FOR RELEASE OF INFORMATION

This consent form gives staff your permission to obtain or release your Protected Health Information (PHI) as required by the Health Insurance Portability and Accountability Act (HIPAA). You have a right to receive a copy of this form. You may revoke this consent with a written request at any time.

Student Name						
Address	City	State	Zip			
Home Phone	Cell	Date of Bi	Date of Birth			
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Name/Organization						
Address	City	State	Zip			
Phone	Email Addre	ss				
Name/Organization						
Address	City	State	Zip			
Phone	Email Addre	ss				
Information to be released:						
<ul><li>☐ Health Records</li><li>☐ School Records</li><li>☐ Psycho-Educational Report</li><li>☐ Other information or instruction</li></ul>	tions:					
Reason for releasing informa	ation:					
Date Authorization Expires:						
Authorization Granted By:						
Signature		<del></del>	Date			